



Him by Her March Snack Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1	WG Cracker (1Gr) 100% Juice (3/4 C)	2	Educational Snack Presidents (1gr) 100% Juice (3/4 C)	3	Fresh Baked Cookie (1gr) 100% Juice (3/4 C)	4	Sun Chips 100% Juice (3/4 C)
7	Cinnamon Goldfish Crackers (1gr) 100% Juice (3/4 C)	8	Heartzel Pretzels (1gr) 100% Juice (3/4 Cup)	9	String Cheese (1 MA) 100% Juice (3/4 C)	10	States & Capitals Educational Snack (1gr) 100% Juice (3/4 C)	11	Graham Cracker (1gr) 100% Juice (3/4 C)
14	Cheese Goldfish Cracker (1gr) 100% Juice (3/4 C)	15	WG Cracker (1Gr) 100% Juice (3/4 C)	16	Educational Snack Presidents (1gr) 100% Juice (3/4 C)	17	Fresh Baked Cookie (1gr) 100% Juice (3/4 C)	18	Sun Chips 100% Juice (3/4 C)
21	Cinnamon Goldfish Crackers (1gr) 100% Juice (3/4 C)	22	Heartzel Pretzels (1gr) 100% Juice (3/4 Cup)	23	String Cheese (1 MA) 100% Juice (3/4 C)	24	States & Capitals Educational Snack (1gr) 100% Juice (3/4 C)	25	Graham Cracker (1gr) 100% Juice (3/4 C)
28	Spring Break	29	Spring Break	30	Spring Break	31	Spring Break	April 1	Spring Break

Him by Her serves no pork or peanut butter.

Him by Her Collegiate School for the Arts, all grain offerings (Gr) are whole grain, all vegetable subgroups are served weekly, including 3/4 cup red-orange and a minimum 1/2 cup each dark green, legumes, starchy and other vegetables. 1/2 cup 100% fruit juice or fresh fruit offered daily, as well as either fat free flavored milk or 1% unflavored milk