



Him by Her May Lunch Menu

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|--------|---|---------|--|-----------|--|----------|--|--------|---|
| 2 | Chicken Tenders (2MA/ 1gr) w/ Biscuit (1/2C) Tator Tots Sweet Corn (1/2C) Orange Slices (1/2C) (8 fl. Oz) Assorted Milk | 3 | Beef Hotdog on Bun (2M/2gr), (1/4 C) Celery Sticks w/ Ranch Dressing Baked Beans (1/2C) (1/2C) Apple Slices (8 fl. Oz) Assorted Milk | 4 | Chicken Sandwich (2M/2gr) w/Lettuce & Tomato (1/4C), (1/2C) Baby Carrots (1/2C) Grape Juice (8 fl. Oz) Assorted Milk | 5 | Chicken Nuggets (2M, 1Gr) WG Choc Chip (1G) Whipped Potatoes (1/2C) Caesar Salad (1/2C = 1/4C) Apple Juice (1/2C) (8 fl. Oz) Assorted Milk | 6 | Cheese or Pepperoni Pizza, (2gr / 2 M-MA) (3/4 C) Steamed Broccoli, (1/2 C) Banana (8 fl. Oz) Assorted Milk |
| 9 | Cheeseburger (2M/2gr) (1/2C) French Fries (1/4C) Lettuce and Tomato Cup Orange Slices (1/2C) (8 fl. Oz) Assorted Milk | 10 | Beef Nachos (2M/ 1 gr) w/Salsa (1/4C) (1/2C) Seasoned Black Beans, Fruit Punch (1/2C), (8 fl. Oz) Assorted Milk | 11 | Grilled Cheese Sandwich (2M /2gr), (1/2C) French Fries Garden Salad (1/4C), (1/2C) Apple Slices (8 fl. Oz) Assorted Milk | 12 | Meatballs Stroganoff (2M, 1Gr), w/ Dinner Roll (1g) Glazed Carrots (3/4 C), (1/2C) Apple Juice (8 fl. Oz) Assorted Milk | 13 | Cheese or Pepperoni Pizza, (2gr / 2 M-MA) (3/4 C) Steamed Broccoli, 1/2 C) Banana (8 fl. Oz) Assorted Milk |
| 16 | Hawaiian Meatball Sub (1/2C) Tator Tots Sweet Corn (1/2C) Pineapple Tidbits (1/2C) (8 fl. Oz) Assorted Milk | 17 | BBQ Chicken (2M) Dinner Roll (1gr), (1/2 C) Baked Beans, (1/2C) Garden Salad Apple Juice (8 fl. Oz) Assorted Milk | 18 | Chili w/ Cheese & Cornbread (2M/1gr) (3/4C) Green Beans Peaches (1/2C) (8 fl. Oz) Assorted Milk | 19 | Popcorn Chicken (2M/1Gr) w/ (1/2C - 1gr) Macaroni and Cheese, Glazed Carrots (3/4C) Fruit Punch (1/2C) (8 fl. Oz) Assorted Milk | 20 | Cheese or Pepperoni Pizza, (2gr / 2 M-MA) (3/4 C) Steamed Broccoli, (1/2 C) Banana (8 fl. Oz) Assorted Milk |
| 23 | Chef's Choice | 24 | Chef's Choice | 25 | Chef's Choice | 26 | Chef's Choice | 27 | Chef's Choice Last day of school |
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Him by Her Collegiate School for the Arts, all grain offerings (Gr) are whole grain, all vegetable subgroups are served weekly, including 3/4 cup red-orange and a minimum 1/2 cup each dark green, legumes, starchy and other vegetables. 1/2 cup 100% fruit juice or fresh fruit offered daily, as well as either fat free flavored milk or 1% unflavored milk. Him by Her is a pork-free school, and uses Turkey, Chicken, and / or Beef items in place of pork, including Turkey Sausage, All-Beef Franks, and Turkey Pepperoni