



## Him by Her April Snack Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	Spring Break
4	Cinnamon Goldfish Crackers (1gr) 100% Juice (3/4 C)	5	Heartzel Pretzels (1gr) 100% Juice (3/4 Cup)	6	String Cheese (1 MA) 100% Juice (3/4 C)	7	States & Capitals Educational Snack (1gr) 100% Juice (3/4 C)	8	Graham Cracker (1gr) 100% Juice (3/4 C)
11	Cheese Goldfish Cracker (1gr) 100% Juice (3/4 C)	12	WG Cracker (1Gr) 100% Juice (3/4 C)	13	Educational Snack Presidents (1gr) 100% Juice (3/4 C)	14	Fresh Baked Cookie (1gr) 100% Juice (3/4 C)	15	Sun Chips 100% Juice (3/4 C)
18	Cinnamon Goldfish Crackers (1gr) 100% Juice (3/4 C)	19	Heartzel Pretzels (1gr) 100% Juice (3/4 Cup)	20	String Cheese (1 MA) 100% Juice (3/4 C)	21	States & Capitals Educational Snack (1gr) 100% Juice (3/4 C)	22	Graham Cracker (1gr) 100% Juice (3/4 C)
25	Cheese Goldfish Cracker (1gr) 100% Juice (3/4 C)	26	WG Cracker (1Gr) 100% Juice (3/4 C)	27	Educational Snack Presidents (1gr) 100% Juice (3/4 C)	28	Fresh Baked Cookie (1gr) 100% Juice (3/4 C)	29	Sun Chips 100% Juice (3/4 C)

**Him by Her serves no pork or peanut butter.**

Him by Her Collegiate School for the Arts, all grain offerings (Gr) are whole grain, all vegetable subgroups are served weekly, including 3/4 cup red-orange and a minimum 1/2 cup each dark green, legumes, starchy and other vegetables. 1/2 cup 100% fruit juice or fresh fruit offered daily, as well as either fat free flavored milk or 1% unflavored milk